

"How To Get A Woman's Phone Number And Email Address Within Three Minutes Of Meeting Her"

Let me start off by telling you something interesting:

I've personally stopped focusing on just getting phone numbers. I've found that **EMAIL addresses are far better** (I still get the phone number too, of course).

Let me explain.

I perfected the art of getting phone numbers a couple of years ago.

If a woman is single, I can walk up to her and get her number in about a minute or two (if I'm in a hurry). I found out later, after working like a mad scientist on this that **GETTING PHONE NUMBERS ALONE DOESN'T EQUAL SUCCESS.**

You see, women have many different reasons for giving out their phone numbers. Some love the attention of having a lot of men call them. Some like to turn guys down. Some are actually interested. But the universal feedback that I get from men, and in my personal experience, **women act different on the phone than they do in person.**

When you call a woman for the first time, she'll often start acting **stand offish** or even worse, just plain **rude**. It's almost like she's a different person than the one you met.

I've found that getting an **EMAIL address** is not only easier, but it gets more positive responses later on. It's almost as if women appreciate it that you've taken the time to think about what you're going to say when you write an email to them, and **they think of you more like someone they know.**

The other benefit of email is that it can be written and answered anytime.

If you call, you have to actually reach them. But an email can be answered anytime. And I've found that **emails are answered FAR more often than voicemail messages.**

HERE'S THE HOW TO:

After I've talked to a woman for about 3 or 4 minutes, I'll often say something like "Well, it was nice meeting you. I'm going to get back to my friends."

They usually don't know what to do, as they're used to guys clinging to them. Most of the time, they say "It was nice meeting you too..." Then, **just as I'm turning to walk away**, and we kind of disconnect, **I turn back and say "HEY! Do you have email?"**

The "HEY!" is a bit surprising, and "Do you have email" is non-threatening. In fact, **I'm technically asking her if she HAS email, not if she'll GIVE IT TO ME.**

If she says "yes," I take out a pen and paper and say "Great, write it down for me" and I have her write it down. (This is great, as **I just treat the 'yes' that they give me as a yes to get it from them as well.** And they've almost ALL gone along with it so far) Then **AS SHE'S IN THE MIDDLE OF WRITING**, I say **"Write your number down there too."**

When you ask for email, **it's very low risk for a woman**, so she'll think "Fine, I'll do that." Most women will give out an email address without thinking about it, because they know that they can choose later to just not answer.

The magic of asking them to write their phone number down **WHILE** they're in the middle of writing down their email is all about the psychology of human behavior.

She's already mentally said "OK, I'll give you my email address"... and she's in the middle of writing it down. When you say **"And just write your number down there too"** it's only **NATURAL** to just write it.

In other words, it's a **MUCH** smaller step than giving out the phone number all by itself. It took me a **LONG** time to figure out this simple move, but **it works like magic!** You will have women writing their phone numbers down without even thinking twice.

Here's a great add-on to make sure you're getting a real phone number and **not a pager or voicemail**:

As she's writing down her phone number I say "**Is this a number that you actually answer?**" If she looks at me and hesitates, or says that it's her "voicemail or pager number," then I say "**Look, write your real number down. It's going to be OK, I'll only call you nine times a day...**" They laugh and usually give me their real number.

Now, if she answers my first question and says "No, I don't have email" then I bust on them and say "Well, do you have electricity?" This is a **GREAT opportunity to use humor**.

Then I say "Well, OK then... I like email better, but I'll take your regular phone number. It's so damn hard to reach people on the phone these days."

Just realize that **all you have to do is ask**.

Like I said, I've tried all kinds of things. And I've gotten hundreds of phone numbers. And **I use this exact sequence every time** I talk to a woman and I want to get her phone number. I've gotten to the point where I can often do this in a minute or two - no kidding!

Now that you know the sequence, **write it down with the words and the steps, and rehearse** it in your mind over and over until you know exactly what to say for each step and each response.

Many guys have asked me "But what do I tell her as a reason why I want her number or email?" I've never had a woman ask me. If you ask, and they give it, then she knows why you asked. If she doesn't give it to you, then she also knew why you asked.

Just assume that this is the case.

If you ask every time, and you do it in a **smooth, assuming, calm way**, you'll get a lot of emails and phone numbers.

Note: **Carry a pen on you at all times**. I prefer the Fisher Space Pen (chrome) because it's small, classy, and women love it!

HOW TO EVICT THE INNER WUSSY...

...OR...

...HOW TO STOP DOING THE WRONG THINGS, AND START DOING THE RIGHT THINGS TO ATTRACT MORE WOMEN AND KEEP THEM ATTRACTED!

I was talking to a good friend a few nights ago, and he told me an interesting story.

He was walking home recently, when he walked by a couple who were obviously in an emotional discussion.

As it turned out, the woman was breaking up with the man, and he was trying to understand why.

The interchange went something like this:

Her: "I'm not ATTRACTED to you anymore... I just don't FEEL IT."

Him: "But I would do ANYTHING to make this work... I'll do anything you want... just tell me what to do."

Her: "That's the problem. You just don't get it."

...and that was all he heard.

Have you ever been there?

Have you ever had a girlfriend break up with you, or just drift away, and **the more you tried to hold on, the further she ran** from you? And the more you tried to be a "good guy" and please her, the more distant she became?

Well, me too. I've been there MORE than once in my life.

And it ALWAYS SUCKED.

The worst part about it was NEVER UNDERSTANDING WHAT THE HECK WAS GOING ON!

I can remember being that guy I just told you the story about... and asking "Why? Why are you confused? What do I have to do to make this work?"

I was willing to change, act different, or whatever.

Little did I know at the time, but **it was this EXACT attitude that led to all the problems in the first place.**

If you've read my newsletters for awhile now, you probably know that **women don't feel the emotion called ATTRACTION for guys who act weak, needy, insecure and "WUSS-LIKE".**

But unless you know this to begin with, then it's ALL TOO EASY to become a "nice", **overly-accommodating, uninteresting, predictable, boring guy...** and even though it seems logical that a woman should love to be treated like a queen at all times, you've probably found out, just like I have, that **this combination usually leads to a woman either 1) Leaving you... or 2) Becoming increasingly controlling, domineering, and neurotic.**

So what's up with that? Why does this happen? And more importantly, what can we do to avoid getting into this horrible position of losing a woman's attention because we're trying to be nice to her?

Here's my take, after studying this stuff for about five years now...

1. ATTRACTION ISN'T A CHOICE.

In other words, we humans don't CHOOSE who we feel attracted to... and, JUST AS IMPORTANT, who we DON'T feel attracted to.

ATTRACTION happens for reasons all its own, and these reasons have evolved inside of us over the last several million years.

While culture, peer pressure, and trends can shape our natural drives slightly, the **FUNDAMENTALS NEVER CHANGE.**

2. MEN ARE ATTRACTED MORE TO LOOKS, WOMEN ARE ATTRACTED MORE TO PERSONALITY AND CHARACTER.

Most men can't believe it, but to a woman your looks just aren't that important.

Sure, if you don't take care of yourself, don't bathe, and let two of your front teeth rot out you might scare away the ladies.

But for the most part, **women will look past just about ANY physical issue if she feels that all-important emotion called ATTRACTION.**

And **ATTRACTION is created by your PERSONALITY.**

For women, **ATTRACTION is triggered by male qualities like: Dominance, Humor, Unpredictability, Adventure, Strength, Sexual Awareness, Indifference, Etc.**

3. WOMEN AREN'T ATTRACTED TO WUSSIES.

'Nuff said.

4. WOMEN TEST MEN BECAUSE THEY HAVE TO.

When a woman begins to feel a romantic connection with you, she faces an interesting problem...

How can she tell for sure if you're character and personality are the way you're expressing them?

As we all know, men and women BOTH show off and **exaggerate their "good sides"** while downplaying and hiding their negative traits at first. This is why **men suck in their guts, brag, and show off...** and why **women wear makeup, do their hair, and shop all day for their clothes.**

If you were a woman, and you needed to figure out if a man was showing you his "true self", how would you do it?

What if you had to know FOR SURE?

The only way is to TEST on an ongoing basis, and to keep escalating the tests to be sure.

Put all this together (with a bunch of other factors that I don't have time to talk about) and you get an interesting problem that women face...

A woman responds to a man that stirs her emotions, and causes her to want him so badly that she'll put aside all logic and reason to be with him.

But what if the man is just pretending? What if he only SEEMS to be this confident, funny, manly-man on the outside, but he's actually a push-over WUSS-BAG that is insecure and makes up for it by acting like a tough guy?

Or worse yet, what if he's a WUSS all the time, and she just happened to settle for him because he was available and persistent... and she didn't have anything better going on at the time... but now she has other options?

Well, these are the kinds of situations, that when played out, lead to the story that I started with... a man begging a woman to stay... pleading with her to explain what he has to do to keep her.

Of course, this is all WUSSY behavior, and it only serves to put the final nail in the coffin, convincing the object of your desire that you are ABSOLUTELY, beyond the shadow of any doubt, a Wuss.

So what's the answer?

The answer is to NEVER BE THOUGHT OF AS A WUSSY AGAIN!

If you want to make your dating life a whole lot better and easier, then stop and think about your behavior... and resolve right now to stop acting like a WUSS for the rest of your life.

Being "nice" and "accommodating" and "understanding" is great for friendships and social relationships, but it's HORRIBLE for ATTRACTION.

An interesting, attractive woman **doesn't want** a guy that she can push around. **She doesn't want** a guy who does what she wants him to do. **She doesn't want** a little boy that she can train and raise.

An interesting, attractive woman wants a MAN.

This doesn't make LOGICAL sense, I know. But **it's the truth**. These submissive qualities will only work in attracting a woman IF SHE LIKES DRESSING UP IN LEATHER AND WHIPPING HER MAN... AND CHARGING \$400.00 AN HOUR!

And my guess is that this isn't the kind of woman that you're looking for.

I've explained some of the important qualities that you need to cultivate in yourself if you want to attract women... and keep them attracted.

In my 3 day intensive dating seminars I spend a lot of time teaching how and why ATTRACTION happens... including the evolutionary, emotional, psychological, and other "not very thought about" aspects that really need to be understood in order to become GREAT at attracting women.

There is a region of the brain that is closely related to the area that you've described called "**Broca's Region**". This area is linked to language and prediction. Broca's region is **constantly predicting what's about to happen**, and it's constantly watching out for the UNPREDICTABLE. **If something unpredictable happens**, it alerts the rest of the brain, and a **person's attention is immediately focused on that thing**. On the other hand, if what happens is predictable, then it is automatically discounted and kept out of awareness.

A problem that most guys have is that they do things that are **very, very predictable**, and therefore never even get the ATTENTION of the woman that they're interested in... nevermind make progress, get a date, etc.

For instance, most guys will approach an attractive woman, act nervous and almost apologetic - and like they're seeking her approval - and then ask something stupid like "You probably have a boyfriend, huh?" or "Can I take you out sometime?"

Not only are these things predictable and boring, but they're also bad for many other reasons as well...

Attractive women get this kind of thing so much that they begin to actually DISCOUNT any man who even LOOKS like this might be what he's communicating.

And, as you've pointed out above, nothing "fires" in her mind.

The boring approach is discounted, and the man is mentally put into the "no" category before he even has a chance to have a meaningful conversation. After this labeling process, virtually nothing he can do can get him out of this category in the woman's mind, and the game is now over.

On the other hand, when a man approaches a woman and does all the RIGHT things in an interesting, unpredictable way, the woman's brain "fires", and she feels ATTRACTION. And then nothing that SHE does can change it. Her mind has put him into the "attractive" category, and her emotions take over.

The lesson here?

Don't be predictable. Be an interesting, unpredictable challenge to women.

As you probably know, this is only the tip of the iceberg when it comes to meeting and attracting women. Once you learn how and WHY attraction works, you then have to learn the specifics of what to do in different situations to actually approach women, get their numbers/email, get dates, take things to a physical level, etc.

You must learn and use INTERESTING, UNPREDICTABLE techniques that GET A WOMAN'S ATTENTION AND KEEP IT. You must also learn how and why women feel ATTRACTION for some men... even when those men aren't tall, handsome, or rich.